

MEN'S HEALTH WEEK

Monday 11th - Sunday 17th June 2018

**ONE SMALL STEP FOR MAN
ONE GIANT LEAP FOR MEN'S HEALTH**

What's your small step going to be?

**Meath
Men's Health
Event 2018**

Photograph courtesy of NASA



MEATH MEN'S HEALTH EVENT

TUESDAY, 12TH JUNE 11AM TO 1.30 PM

MOYNALTY MEN'S SHED,

Unit 7, Kells Business Park, Cavan Rd., Kells, Co. Meath

Blood pressure checks from the Irish Heart Foundation, Cancer Prevention & Awareness Talk - Marie Keating Foundation, Diabetes Prevention & Management - Diabetes Ireland, Get Ireland Walking & more

Please register your attendance with the Irish Men's Sheds Association on 01-8916510 or email wellbeing@menssheds.ie

